



Companhia das Culturas

<http://www.companhiadasculturas.com>



## Bilateral Meetings

- Saturday 18 April 2015 (11:15 am - 12:30 pm)

### Description

CC is an Ecotourism : 40 hectares of stone pines, cork oaks and organic carob trees, apricots, figs, olive oil and a vegetable garden, in the southeastern corner of the Algarve, on the neighborhood of Castro Marim Nature Reserve, 1,5km far from Praia Verde beach, 4km from the Historical village of Castro Marim and 6 km far to the Nature Reserve of Ria Formosa. The ecosystem, maintained by the small size vegetable gardens and the dry orchard agriculture, is manifested daily in the meals that we serve with products that come exclusively from the farm and our neighborhoods. With neither television nor background music, but equipped with Wi-Fi, Companhia das Culturas provides relaxing stays and nature walks. The saltwater swimming pool is open all year round, the Hamam with the essential oils from the Sierra -Gum Rockrose, lavender or marcela (gender achyrocline), offers different kinds of massages, and the Cork Box offers Yoga ,Tai-chi and Qi-kong.

### Organization Type

Company

### Organization Size

1-10

### Founding Year

2008

### Country

Portugal

### City

Castro Marim, Rua Jacinto Celorico Palma [Google map](#)

### Facebook

<https://www.facebook.com/companhiadasculturas>

### Areas of Activities

## TOURISM ACTIVITIES

1. Accommodation

## SERVICES AND SUPPLIES

1. Other Services and Suppliers

### Offer

## **Accommodation, mediterranean diet, hammam, chinese medicine & yoga**

An ecotourism involved in an organic farm (rooms & apartments), a km 0 and season products restaurant, the first contemporary hammam in Algarve including organic essential oils from Serra do Caldeirão, offering massage and chinese medicine treatments/acupuncture. Yoga, dance & body practices in a Corkbox: a 45 square mt lounge fully lined with cork - floor, ceiling & walls - celebrating the ecosystem of cork forest.

Keywords: accommodation castro marim algarve praia verde salt marshes healthy food mindfulness health retreat yoga retreat acupuncture hiking